What follows is the actual questionnaire sent to secondary school principals early in 2008.

Next to each question is a black box that contains a variable number for that question; this number can be used to find the distribution of answers to that question. To locate the results for any question, go to the Secondary School page of the BTG website, http://www.bridgingthegapresearch.org/research/secondary_school_survey, and open the document entitled “Bridging the Gap: Complete Descriptive Statistics on Secondary Schools, School Years 2006-07 & 2007-08.” Click on the tab at the bottom of that document entitled “Descriptive statistics tables.” Locate the “Find and Select” function (usually in your tool bar) or simultaneously press the keys “Control” and “F” on your keyboard (which will bring up a search box) and copy the variable number of interest into the “Find” box. Your cursor will immediately be relocated to the question of interest. (If you wish further help, there is also a Guide for using the Complete Descriptive Statistics document, also on the secondary school page of the BTG website.)
Instructions

Thank you for participating in this important study of school health policies and practices. All the information that you provide will be kept completely confidential, with no disclosure of your name or your school’s name. Please read the instructions below before you begin the questionnaire.

**Part 1 (This booklet)**

- Asks about various characteristics of your school and school district, including school policies regarding student health.
- A school administrator is best suited to answer Part 1.

**Part 2 (Separate section)**

- Asks about school food and nutrition policies and practices.
- The Food Service Manager, if you have one, may be best suited to answer Part 2.

Please note: Please answer all of the questions based on the 2007–2008 school year.

**Mailing Instructions**

- Place both parts of the completed questionnaire in the enclosed, stamped USPS Priority Mail envelope.
- Peel the strip and seal the envelope.
- Place the envelope in your outgoing US mail.

If you have any questions or need another USPS return envelope, please call Vida Juska at our toll free number, 1-888-829-4016, or e-mail us at YESinfo@umich.edu.
Part 1: Section A
General Characteristics and Resources

This section is about general characteristics of your school.

1. Please circle below all of the grade levels included in your school.
   PreK  K  1  2  3  4  5  6  7  8  9  10  11  12 ungraded

2. Which of the following best characterizes your school? (PLEASE CHECK ONLY ONE BOX.)
   □ a. Public school (not including magnet school or school of choice)
   □ b. Public school of choice (open enrollment, non-specialized curriculum)
   □ c. Public magnet school
   □ d. Other public school—please describe: ________________________________
   □ e. Private school

3. About what percent of students at your school belong to each of the following racial/ethnic groups?
   (WRITE IN PERCENT.)
   %
   a. White/not Hispanic __________
   b. African American/Black __________
   c. Hispanic or Latino __________
   d. Native American __________
   e. Asian/Pacific Islander __________
   f. Other __________

4. About how many students were enrolled in your school for the 2007–2008 school year?
   __________ total # of enrolled students

5. About how many students were enrolled in your school for the 2007–2008 school year in the 8th grade?
   __________ # of enrolled 8th grade students

6. About what percent of students in your school are eligible to receive a free or reduced price lunch as part of the USDA reimbursable National School Lunch Program?
   __________ % of students

   What percent are eligible for a reduced lunch? __________% of students □ Don’t know
   What percent are eligible for a free lunch? __________% of students □ Don’t know

7. At what time in the morning are most or all of your 8th grade students normally required to be at school?
   __________: ________ AM
   HR  MIN
   □ It varies—please explain: _____________________________________________

8. How long is the normal lunch period for 8th graders in your school?
   __________ minutes
Part 1: Section B
Physical Education

This section is about physical education (P.E.) at your school.

1. Are 8th grade students at this school required to take physical education in 8th grade?

   □ Yes  □ No

2. About what percent of 8th grade students actually take a P.E. class in 8th grade?

   ________% of 8th grade students

3. Of the 8th grade students who take P.E., about how many days per week do they have P.E.?

   ________ # of days per week

4. How long is a normal P.E. class for the 8th graders who take P.E.?

   ________ minutes per class

5. About what percent of 8th grade boys and girls in your school would you estimate participate in interscholastic or varsity sports sometime during the school year?

   ________% 8th grade BOYS  ________% 8th grade GIRLS

6. About what percent of 8th grade boys and girls in your school would you estimate participate in intramural sports or physical activity clubs (not including P.E.) sometime during the school year?

   ________% 8th grade BOYS  ________% 8th grade GIRLS

7. About what percent of 8th grade students in your school would you estimate walk or bike from home to school on an average school day?

   ________% of 8th grade students

8. Does your school give 8th grade students physical fitness tests?

   □ Yes  □ No  → Go to question 11.

9. What groups of students are tested?

   □ All 8th grade students are tested.
   □ Only 8th grade students who take P.E. are tested.
   □ Other—please explain:

   ____________________________________________________________

10. Are parents or guardians provided the results of their student’s fitness test?

    □ Yes  □ No
11. Body mass index (BMI) is a measure of overweight based on height and weight. Does your school measure 8th grade students’ BMI?

☐ Yes  ☐ No — Go to question 14.

12. BMI is measured on:

☐ All 8th grade students

☐ Only 8th grade students who take P.E.

☐ Other—please explain:

__________________________________________________________

__________________________________________________________

13. Are parents or guardians provided the BMI information?

☐ Yes  ☐ No

14. Are there any significant activities currently underway at your school, or school district, to promote increased physical activity among students?

☐ Yes  ☐ No

If yes, please briefly describe.

__________________________________________________________

__________________________________________________________

Part 1: Section C
Nutrition Policies and Programs

This section is about breakfast and lunch offered at your school.

1. Does your school offer breakfast to students?

☐ Yes  ☐ No — Go to question 5.

2. On a typical day, about what percent of your 8th grade students eat breakfast offered by your school?

___________ % 8th grade students

3. Does your school participate in the USDA reimbursable School Breakfast Program?

☐ Yes  ☐ No

4. Does your school offer students any breakfast options other than the USDA reimbursable School Breakfast Program?

☐ Yes—please describe: ______________________________

☐ No
5. Does your school offer lunch to students?

☐ Yes  ☐ No  ➔ Go to question 9.

6. On a typical day, about what percent of your 8th grade students eat lunch offered by your school?

☐ % 8th grade students

7. Does your school participate in the USDA reimbursable National School Lunch Program?

☐ Yes  ☐ No

8. Does your school offer students any lunch options other than the USDA reimbursable National School Lunch Program?

☐ Yes—please describe:  ☐ No

9. To what extent has your school or school district set food prices (in vending machines, stores, à la carte) with the intent of encouraging students to eat healthier foods (e.g., fruits, vegetables, low-fat foods) and/or discouraging them from eating less healthy foods? (PLEASE CHECK ONLY ONE BOX.)

☐ Not at all  ☐ A little  ☐ Some  ☐ A lot  ☐ Don’t know

10. To what extent has your school or school district set beverage prices (in vending machines, stores, à la carte) with the intent of encouraging students to drink healthier beverages (e.g., bottled water, low-fat milk, sugar-free beverages) and/or discouraging them from drinking less healthy beverages? (PLEASE CHECK ONLY ONE BOX.)

☐ Not at all  ☐ A little  ☐ Some  ☐ A lot  ☐ Don’t know

Part 1: Section D
Food and Beverage Sales

The next questions are about food and beverage sales to students (not staff) anywhere in your school.

1. Does your school have each of the following:

☐ a. Vending machines that sell beverages to students?  ☐ Yes  ☐ No

☐ b. Vending machines that sell food items to students?  ☐ Yes  ☐ No

☐ c. School/student store that sells beverages to students?  ☐ Yes  ☐ No

☐ d. School/student store that sells food to students?  ☐ Yes  ☐ No

☐ e. Snack bars/carts for students?  ☐ Yes  ☐ No

☐ f. À la carte sales in the cafeteria to students?  ☐ Yes  ☐ No

2. Does your school receive any profit from foods and/or beverages sold in the following locations?

☐ a. Vending machines  ☐ Yes  ☐ No  ☐ Don’t know  ☐ Not applicable

☐ b. School/student store  ☐ Yes  ☐ No  ☐ Don’t know  ☐ Not applicable

☐ c. Snack bars/carts  ☐ Yes  ☐ No  ☐ Don’t know  ☐ Not applicable

☐ d. À la carte sales in the cafeteria  ☐ Yes  ☐ No  ☐ Don’t know  ☐ Not applicable
3. Other than the profit your school gets, does your school district receive any profit from foods and/or beverages sold in the following locations?

<table>
<thead>
<tr>
<th>Location</th>
<th>Yes</th>
<th>No</th>
<th>Don't know</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Vending machines</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. School/student store</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Snack bars/carts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. À la carte sales in the cafeteria</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Who provides the food service at this school?

- [ ] School system food service
- [ ] Food service management company
- [ ] Other—please describe: ____________________________________________

5. Does your school or school district have a contract with a beverage supplier, such as Coca-Cola, PepsiCo, or Cadbury Schweppes (Dr. Pepper), giving the company exclusive rights to sell beverages to students at your school?

- [ ] Yes
- [ ] No

6. Is this an agreement between the beverage supplier and...

(PLEASE CHECK ONLY ONE BOX.)

- [ ] ...the school only?
- [ ] ...the school district only?
- [ ] ...both the school and the school district?

7. Has this contract been renegotiated in the past year?

- [ ] Yes
- [ ] No
- [ ] Don't know

8. Are regular soft drinks (like Coke or Pepsi, but not including diet soft drinks) sold to students in your school under this contract?

- [ ] Yes
- [ ] No

9. Does your school or school district receive incentives, such as cash awards or donations of equipment, supplies, or other donations, once total beverage sales receipts exceed a specified amount?

- [ ] Yes
- [ ] No

10. Does your school or school district receive a specified percentage of the beverage sales receipts?

- [ ] Yes
- [ ] No

11. About how much profit does your school get per year under the contract from beverage sales receipts (including sales during school events, if any)?

- [ ] $________ per year

12. Other than on the vending machine itself, is the beverage supplier allowed to advertise in your school building, school grounds, or school buses?

- [ ] Yes
- [ ] No
13. Who has a major “say” in deciding what beverages are offered in the vending machines to students at your school? (PLEASE CHECK ALL THAT APPLY.)

- [ ] a. We have no beverage vending machines for students
- [ ] b. The beverage supplier or other vending company
- [ ] c. The school
- [ ] d. The school district
- [ ] e. The state
- [ ] f. Other—please specify: ___________________________________________________________________

The next questions are about food items sold in vending machines to students at your school. If you do not have vending machines that sell food items to students please go to QUESTION 20.

14. Does any company (such as a beverage supplier or vending company) sell food items in vending machines at your school?  

- [ ] Yes
- [ ] No  
  Go to question 19.

15. Who provides the following food items sold in vending machines at your school?

<table>
<thead>
<tr>
<th>Beverage Supplier</th>
<th>Other Vending Company</th>
<th>The School Itself</th>
<th>Food Item Not Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Chips, Fritos, crackers, or pretzels, etc.</td>
<td>H193</td>
<td>H194</td>
<td>H195</td>
</tr>
<tr>
<td>b. Cookies, cakes, or other sweet baked goods</td>
<td>H197</td>
<td>H198</td>
<td>H199</td>
</tr>
<tr>
<td>c. Candy</td>
<td>H201</td>
<td>H202</td>
<td>H203</td>
</tr>
<tr>
<td>d. Ice cream or frozen yogurt</td>
<td>H205</td>
<td>H206</td>
<td>H207</td>
</tr>
<tr>
<td>e. Sandwiches</td>
<td>H209</td>
<td>H210</td>
<td>H211</td>
</tr>
<tr>
<td>f. Fruits</td>
<td>H213</td>
<td>H214</td>
<td>H215</td>
</tr>
<tr>
<td>g. Vegetables</td>
<td>H217</td>
<td>H218</td>
<td>H219</td>
</tr>
</tbody>
</table>

16. Does your school receive incentives, such as cash awards or donations of equipment, supplies, or other donations, once total food receipts from a vendor exceed a specific amount?

- [ ] Yes
- [ ] No

17. Does your school receive a specified percentage of the food sales receipts from vending machines?

- [ ] Yes, from at least one vendor
- [ ] No

18. About how much profit does your school get per year from the sales of food items in vending machines at your school?

$__________ per year

19. Who has a major “say” in deciding what food items are offered in vending machines to students at your school? (PLEASE CHECK ALL THAT APPLY.)

- [ ] a. We have no food vending machines for students
- [ ] b. The beverage supplier or other vending company
- [ ] c. The school
- [ ] d. The school district
- [ ] e. The state
- [ ] f. Other—please specify: ___________________________________________________________________
20. At your school, are **soft drinks** or **meals from fast food restaurants** advertised or promoted...

(PLEASE CHECK YES OR NO FOR EACH ITEM.)

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>H231 a. ...with posters or other materials on display in the school?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>H232 b. ...with advertisements on textbook covers or school food service menus?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>H233 c. ...with coupons for free or reduced prices on these products?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>H234 d. ...through sponsorship of school events?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(FOR THE FOLLOWING QUESTIONS PLEASE CIRCLE ONE NUMBER ON EACH LINE.)

21. To what extent are you concerned about students in your school...

<table>
<thead>
<tr>
<th></th>
<th>Not at all</th>
<th>To a little extent</th>
<th>To some extent</th>
<th>To a great extent</th>
<th>To a very great extent</th>
</tr>
</thead>
<tbody>
<tr>
<td>H235 a. ...being overweight?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>H236 b. ...consuming more healthy and nutritious foods and beverages than they do now?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>H237 c. ...getting more exercise and physical activity than they do now?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

22. In your opinion, to what extent...

<table>
<thead>
<tr>
<th></th>
<th>Not at all</th>
<th>To a little extent</th>
<th>To some extent</th>
<th>To a great extent</th>
<th>To a very great extent</th>
</tr>
</thead>
<tbody>
<tr>
<td>H238 a. ...has your <strong>school district</strong> made a serious/real effort to promote healthy eating and drinking habits among students?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>H239 b. ...has your <strong>school</strong> made a serious/real effort to promote healthy eating and drinking habits among students?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>H240 c. ...has your <strong>school district</strong> made a serious/real effort to promote increased physical activity among students?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>H241 d. ...has your <strong>school</strong> made a serious/real effort to promote increased physical activity among students?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

**Part 1: Section E**

**School Wellness**

This section asks about the School Wellness Policy provision of the National School Lunch Act that was passed in 2004 and other health related activities.

1. Has your school district or your school established a school wellness policy that addresses student nutrition and/or physical activity issues?

   [ ] Yes  [ ] No  [ ] Don’t know

2. Has your school district or your school developed **explicit goals** designed to promote student wellness through...

   (PLEASE CHECK ONLY ONE BOX ON EACH LINE.)

<table>
<thead>
<tr>
<th></th>
<th>Yes, we have developed goals</th>
<th>We are currently developing goals</th>
<th>No, not yet</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>H243 a. ...nutrition education?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H244 b. ...physical activity?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H245 c. ...other school based activities designed to promote wellness?</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3. Has your school district or school developed nutrition guidelines for all foods available during the school day, designed to promote student health and reduce student obesity? (PLEASE CHECK ONLY ONE BOX.)

☐ Yes, we have developed guidelines
☐ We are currently developing guidelines
☐ No, not yet
☐ Don’t know

4. Has your school district or school developed a plan for measuring implementation of the school wellness policy? (PLEASE CHECK ONLY ONE BOX.)

☐ Yes, we have developed a plan
☐ We are currently developing a plan
☐ No, not yet
☐ Don’t know
☐ No school wellness policy

5. Has your school district or school designated one or more persons to have operational responsibility for ensuring that the wellness policy is implemented?

☐ Yes
☐ No
☐ Don’t know

6. Has your school district or school involved any of the following participants in the development of the school wellness policy? (CHECK ALL THAT APPLY.)

☐ a. Parents
☐ b. Students
☐ c. Teachers
☐ d. School food personnel
☐ e. School board members
☐ f. School administrators
☐ g. Other members of the public
☐ h. Other school personnel--please specify: ______________

The next questions are about other school activities that promote student health.

7. Does your school district or school have a health advisory council or an advisory group that makes recommendations regarding nutrition and/or exercise for students? (PLEASE CHECK ONLY ONE BOX.)

☐ Yes, at the school level only
☐ Yes, at the district level only
☐ Yes, at both the school and district levels
☐ No

8. At present in your school district, is formal classroom instruction offered on...

a. ...nutrition and dietary behavior...
   ☐ in middle school?
   ☐ in high school?

b. ...physical activity, exercise, and health related fitness...
   ☐ in middle school?
   ☐ in high school?

9. About what percent of this year's 8th graders do you think have had formal classroom instruction at sometime during their school career on...

a. ...nutrition and dietary behavior? % of 8th graders
b. ...physical activity, exercise, and health related fitness? % of 8th graders
10. The policies may have changed since this year’s 8th grade class progressed through school. Under current policies would students be required to receive formal classroom instruction by the end of 8th grade on...

   a. ...nutrition and dietary behavior?  
   b. ...physical activity, exercise, and health related fitness?

11. Are there any significant activities currently underway at your school, or school district, to promote healthier eating and drinking practices among students?

   □ Yes  □ No

If yes, please briefly describe.

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

PART 1: SECTION F
National Food and Beverage Agreements

In May of 2006 the Alliance for a Healthier Generation (a partnership of the American Heart Association and the William J. Clinton Foundation) reached an agreement with the American Beverage Association, Coca-Cola, PepsiCo, and Cadbury Schweppes to limit portion sizes and caloric content of beverages offered to students during the regular and extended school day. A set of “School Beverage Guidelines” was adopted under the agreement.

1. Have you heard of this agreement?
   □ Yes, some  □ Yes, quite a bit  □ No

2. Has your school or school district decided to adopt the “School Beverage Guidelines” recommended under the agreement?
   □ Yes  □ No  □ Don’t know

3. Has your school implemented these “School Beverage Guidelines”?
   □ No  □ Yes, we are in the process of implementing them  □ Yes, we have implemented them

4. Please indicate in which of the following venues you have implemented the “School Beverage Guidelines.” (If you do not have that venue in the school, check N/A for “not applicable.”)

   (CHECK ONE BOX ON EACH LINE.)

   a. Vending machine beverages
   b. Beverages in the school/student store
   c. Snack bars/carts beverages
   d. À la carte beverages served at lunch
In October of 2006 the Alliance for a Healthier Generation also reached a Snack Foods Agreement with Campbell Soup Company, Dannon, Kraft Foods, Mars, and PepsiCo relating to the nutritional contents of competitive foods sold in the schools to students. It offers “Nutritional Guidelines for Competitive Foods.” (Competitive foods include all foods, including snack foods, sold in schools other than in the federally subsidized school lunch program.)

5. Have you heard of this agreement?
   - Yes, some
   - Yes, quite a bit
   - No

6. Has your school or school district decided to adopt the “Nutritional Guidelines for Competitive Foods” recommended under the agreement?
   - Yes
   - No
   - Don’t know

7. Has your school implemented these “Nutritional Guidelines for Competitive Foods”?
   - No — Go to page 11.
   - No, but we are planning to implement them — Go to page 11.
   - Yes, we are in the process of implementing them
   - Yes, we have implemented them

8. Please indicate in which of the following venues you have implemented the “Nutritional Guidelines for Competitive Foods.” (If you do not have that venue in the school, check N/A for “not applicable.”)

   (CHECK ONE BOX ON EACH LINE.)

<table>
<thead>
<tr>
<th>Venue</th>
<th>Yes</th>
<th>No</th>
<th>Don’t know</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Vending machine foods</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Foods in the school/student store</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Snack bars/carts foods</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. À la carte foods served at lunch</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Thank you very much!  
Please be sure to complete page 11.
Contributing Respondents

In the space below, please first write the role or title of the individual who contributed the majority of the information used in completing Part 1 of the questionnaire. Second, please write the roles or titles of additional individuals who contributed to the completion of the questionnaire. Please do not write the names of these individuals. This sheet will be removed as soon as we receive the completed questionnaire and will be kept separately from the responses to the questionnaire in order to maintain confidentiality.

Primary Respondent's Role/Title

Additional Respondents' Roles/Titles

Honorarium

You are free to endorse your honorarium check over to another person or institution, by writing “Pay to the order of...” on the back of the check and signing it. If you wish to have a new check issued, please return the original with the completed questionnaire.

Please list here how the replacement check should be made payable:

Please give the address where the replacement check should be sent:

Additional Comments

If you have any additional comments, please write them below.
Food and Beverage Policies and Practices
• Part 2 is about the food and nutrition program offered to students at your school during the 2007–2008 school year.
• Part 2 may best be filled out by your Food Service Manager, if you have one.
• Part 2 pages should be returned to the person who will be sending back both parts of the questionnaire to the University of Michigan, if that is someone other than yourself.
• Please read and follow all the question instructions carefully.
• Thank you!
Part 2: Food and Beverage Policies and Practices

These questions ask about food and beverages available to students in your school. All the information that you provide will be kept completely confidential, with no disclosure of your name or your school's name. The Food Service Manager may be best able to answer these questions.

1. If your school offers a USDA School Breakfast Program, what is the...

   - [H1001] a. ... average full price charged for breakfast? __________  
   - [H1002] b. ... average reduced price charged for breakfast? __________

2. If your school offers a USDA National School Lunch Program, what is the...

   - [H1003] a. ... average full price charged for lunch? __________  
   - [H1004] b. ... average reduced price charged for lunch? __________

3. On a typical day, for lunch about what percent of your 8th grade students...

   - [H1005] a. ...eat lunch offered by your school? __________%  
   - [H1006] b. ...bring their own lunch? __________%  
   - [H1007] c. ...go off campus to buy lunch? __________%  
   - [H1008] d. ...don’t eat lunch? __________%  
   - [H1009] e. ...buy lunch from vending machines, school store or snack bars/carts? __________%  
   - [H1010] f. ...other? __________%

   Please explain: ________________________________________________

4. During a typical week, on how many days are fast food items from commercial chains or other vendors (such as Pizza Hut, Taco Bell, others...) offered to students...

   - [H1011] a. ...as à la carte lunch items? __________  
   - [H1012] b. ...for school lunch meals? __________

5. Please indicate which menu planning system is used in your school.
   (PLEASE CHECK ALL THAT APPLY.)

   - [H1014] Nutrient Standard Menu Planning (NuMenus)
   - [H1015] Assisted Nutrient Standard Menu Planning (Assisted NuMenus)
   - [H1016] Enhanced food-based menu planning
   - [H1017] Traditional food-based menu planning
   - [H1018] Any other menu planning

6. At what level are decisions about menus and food service made?
   (PLEASE CHECK ALL THAT APPLY.)

   - [H1019] At the school level
   - [H1020] At the district level
   - [H1021] External contractor
   - [H1022] Other—please describe: _______________________________

7. Does your school participate in the USDA-sponsored Team Nutrition program?

   - [H1023] Yes  No  Don't know

8. During this school year, has your school district or school provided...

   - [H1025] a. ...menus to students in your school?  
   - [H1026] b. ...information to students on the nutrition and caloric content of foods available to students?  
   - [H1027] c. ...menus to parents of students in your school?  
   - [H1028] d. ...information to parents on the nutrition and caloric content of foods available to students?

9. Please indicate if each of the following venues for foods and beverages are available to students (not staff) anywhere in your school.

   - [H1029] a. Beverages in vending machines?  
   - [H1030] b. Food items in vending machines?  
   - [H1031] c. Beverages in school/student store?  
   - [H1032] d. Food items in school/student store?  
   - [H1033] e. Beverages in snack bars/carts?  
   - [H1034] f. Food items in snack bars/carts?  
   - [H1035] g. Beverages à la carte at lunch?  
   - [H1036] h. Food items à la carte at lunch?
The next questions ask about the availability of various food and beverage items in each of several venues. If your school does not have a particular venue, you will be instructed to skip to the next one. Please be careful to answer about the specific venue that is the focus of each section.

**VENDING MACHINES—Beverages**

If your school does **not** have beverage vending machines available to students anywhere in your school, please check here □ and **go to the top of page 3**.

10. Please indicate whether the following beverages are available to students from vending machines anywhere in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

   (PLEASE CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Item available from vending machines?</th>
<th>Before classes begin in the morning</th>
<th>During school hours when meals are not being served</th>
<th>During school lunch periods</th>
<th>After school</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

   a. Bottled water
   b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)
   c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)
   d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Frut-O)
   e. 100% fruit or vegetable juice with no added sweeteners
   f. Sports drinks (such as Gatorade or Powerade)
   g. “Light” juices (such as Minute Maid Light Orange Juice)
   h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)
   i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk
   j. Whole or 2% milk, or flavored milk

11. What is the most common serving size of the **soft drinks** available to students in your vending machines?

   ___________ ounces  □  No soft drinks available  ➔ **Go to top of next page.**

12. What other sizes of **soft drinks** are available to students in your vending machines?

   ____________________________ ounces  □  None
# VENDING MACHINES—Food

If your school does not have **food vending machines** available to students anywhere in your school, please check here □ and go to the top of page 4.

13. Please indicate whether the following **food items** are available to students from **vending machines** anywhere in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

<table>
<thead>
<tr>
<th>Item available from vending machines?</th>
<th>Before classes begin in the morning</th>
<th>During school hours when meals are not being served</th>
<th>During school lunch periods</th>
<th>After school</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>Yes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Candy</td>
<td><img src="H1092" alt="H1092" /> □ <img src="H1093" alt="H1093" /> □ <img src="H1094" alt="H1094" /> □ <img src="H1095" alt="H1095" /> □ <img src="H1096" alt="H1096" /> □</td>
<td><img src="H1097" alt="H1097" /> □ <img src="H1098" alt="H1098" /> □ <img src="H1099" alt="H1099" /> □ <img src="H1100" alt="H1100" /> □ <img src="H1101" alt="H1101" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Salty snacks that are <em>not low in fat</em>, such as regular potato chips</td>
<td><img src="H1102" alt="H1102" /> □ <img src="H1103" alt="H1103" /> □ <img src="H1104" alt="H1104" /> □ <img src="H1105" alt="H1105" /> □ <img src="H1106" alt="H1106" /> □</td>
<td><img src="H1107" alt="H1107" /> □ <img src="H1108" alt="H1108" /> □ <img src="H1109" alt="H1109" /> □ <img src="H1110" alt="H1110" /> □ <img src="H1111" alt="H1111" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Cookies, crackers, cakes, or other baked goods that are <em>not low in fat</em></td>
<td><img src="H1112" alt="H1112" /> □ <img src="H1113" alt="H1113" /> □ <img src="H1114" alt="H1114" /> □ <img src="H1115" alt="H1115" /> □ <img src="H1116" alt="H1116" /> □</td>
<td><img src="H1117" alt="H1117" /> □ <img src="H1118" alt="H1118" /> □ <img src="H1119" alt="H1119" /> □ <img src="H1120" alt="H1120" /> □ <img src="H1121" alt="H1121" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Ice cream or frozen yogurt that is <em>not low in fat</em></td>
<td><img src="H1122" alt="H1122" /> □ <img src="H1123" alt="H1123" /> □ <img src="H1124" alt="H1124" /> □ <img src="H1125" alt="H1125" /> □ <img src="H1126" alt="H1126" /> □</td>
<td><img src="H1127" alt="H1127" /> □ <img src="H1128" alt="H1128" /> □ <img src="H1129" alt="H1129" /> □ <img src="H1130" alt="H1130" /> □ <img src="H1131" alt="H1131" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. <em>Low-fat</em> salty snacks, such as pretzels, baked chips, or other <em>low-fat</em> chips</td>
<td><img src="H1132" alt="H1132" /> □ <img src="H1133" alt="H1133" /> □ <img src="H1134" alt="H1134" /> □ <img src="H1135" alt="H1135" /> □ <img src="H1136" alt="H1136" /> □</td>
<td><img src="H1137" alt="H1137" /> □ <img src="H1138" alt="H1138" /> □ <img src="H1139" alt="H1139" /> □ <img src="H1140" alt="H1140" /> □ <img src="H1141" alt="H1141" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. <em>Low-fat</em> cookies, crackers, cakes, pastries, other <em>low-fat</em> baked goods</td>
<td><img src="H1142" alt="H1142" /> □ <img src="H1143" alt="H1143" /> □ <img src="H1144" alt="H1144" /> □ <img src="H1145" alt="H1145" /> □ <img src="H1146" alt="H1146" /> □</td>
<td><img src="H1147" alt="H1147" /> □ <img src="H1148" alt="H1148" /> □ <img src="H1149" alt="H1149" /> □ <img src="H1150" alt="H1150" /> □ <img src="H1151" alt="H1151" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. <em>Low-fat</em> or <em>fat-free</em> ice cream, frozen yogurt, sherbet, or <em>low-fat</em> or <em>non-fat</em> yogurt</td>
<td><img src="H1152" alt="H1152" /> □ <img src="H1153" alt="H1153" /> □ <img src="H1154" alt="H1154" /> □ <img src="H1155" alt="H1155" /> □ <img src="H1156" alt="H1156" /> □</td>
<td><img src="H1157" alt="H1157" /> □ <img src="H1158" alt="H1158" /> □ <img src="H1159" alt="H1159" /> □ <img src="H1160" alt="H1160" /> □ <img src="H1161" alt="H1161" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Sandwiches</td>
<td><img src="H1162" alt="H1162" /> □ <img src="H1163" alt="H1163" /> □ <img src="H1164" alt="H1164" /> □ <img src="H1165" alt="H1165" /> □ <img src="H1166" alt="H1166" /> □</td>
<td><img src="H1167" alt="H1167" /> □ <img src="H1168" alt="H1168" /> □ <img src="H1169" alt="H1169" /> □ <img src="H1170" alt="H1170" /> □ <img src="H1171" alt="H1171" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Bread sticks, rolls, bagels, pita bread, or other bread products</td>
<td><img src="H1172" alt="H1172" /> □ <img src="H1173" alt="H1173" /> □ <img src="H1174" alt="H1174" /> □ <img src="H1175" alt="H1175" /> □ <img src="H1176" alt="H1176" /> □</td>
<td><img src="H1177" alt="H1177" /> □ <img src="H1178" alt="H1178" /> □ <img src="H1179" alt="H1179" /> □ <img src="H1180" alt="H1180" /> □ <img src="H1181" alt="H1181" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Deep-fried fries (including fries that are just reheated)</td>
<td><img src="H1182" alt="H1182" /> □ <img src="H1183" alt="H1183" /> □ <img src="H1184" alt="H1184" /> □ <img src="H1185" alt="H1185" /> □ <img src="H1186" alt="H1186" /> □</td>
<td><img src="H1187" alt="H1187" /> □ <img src="H1188" alt="H1188" /> □ <img src="H1189" alt="H1189" /> □ <img src="H1190" alt="H1190" /> □ <img src="H1191" alt="H1191" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. Fresh fruit</td>
<td><img src="H1192" alt="H1192" /> □ <img src="H1193" alt="H1193" /> □ <img src="H1194" alt="H1194" /> □ <img src="H1195" alt="H1195" /> □ <img src="H1196" alt="H1196" /> □</td>
<td><img src="H1197" alt="H1197" /> □ <img src="H1198" alt="H1198" /> □ <img src="H1199" alt="H1199" /> □ <img src="H1200" alt="H1200" /> □ <img src="H1201" alt="H1201" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>l. Other fruit (such as dried or canned fruit)</td>
<td><img src="H1202" alt="H1202" /> □ <img src="H1203" alt="H1203" /> □ <img src="H1204" alt="H1204" /> □ <img src="H1205" alt="H1205" /> □ <img src="H1206" alt="H1206" /> □</td>
<td><img src="H1207" alt="H1207" /> □ <img src="H1208" alt="H1208" /> □ <img src="H1209" alt="H1209" /> □ <img src="H1210" alt="H1210" /> □ <img src="H1211" alt="H1211" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. Vegetables (such as carrot sticks or celery sticks)</td>
<td><img src="H1212" alt="H1212" /> □ <img src="H1213" alt="H1213" /> □ <img src="H1214" alt="H1214" /> □ <img src="H1215" alt="H1215" /> □ <img src="H1216" alt="H1216" /> □</td>
<td><img src="H1217" alt="H1217" /> □ <img src="H1218" alt="H1218" /> □ <img src="H1219" alt="H1219" /> □ <img src="H1220" alt="H1220" /> □ <img src="H1221" alt="H1221" /> □</td>
<td></td>
<td></td>
</tr>
<tr>
<td>n. Pre-made, main course salads (such as chef’s salad)</td>
<td><img src="H1222" alt="H1222" /> □ <img src="H1223" alt="H1223" /> □ <img src="H1224" alt="H1224" /> □ <img src="H1225" alt="H1225" /> □ <img src="H1226" alt="H1226" /> □</td>
<td><img src="H1227" alt="H1227" /> □ <img src="H1228" alt="H1228" /> □ <img src="H1229" alt="H1229" /> □ <img src="H1230" alt="H1230" /> □ <img src="H1231" alt="H1231" /> □</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(please check all that apply.)
14. **Please indicate whether the following beverages** are available to students from any **school/student store** or **snack bars/carts** in your school. For each item that is available, please indicate **when** it is available by checking all the appropriate boxes to the right of the arrow.

(PLEASE CHECK ALL THAT APPLY.)

<table>
<thead>
<tr>
<th>Item available from store/snack bar/cart?</th>
<th>Before classes begin in the morning</th>
<th>During school hours when meals are not being served</th>
<th>During school lunch periods</th>
<th>After school</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>a. Bottled water</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit2O)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. 100% fruit or vegetable juice with no added sweeteners</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Sports drinks (such as Gatorade or Powerade)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. “Light” juices (such as Minute Maid Light Orange Juice)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Whole or 2% milk, or flavored milk</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

15. What is the most common serving size of the **soft drinks** available to students in your **school/student store or snack bars/carts**?

____________ ounces  □ No soft drinks available  → Go to top of next page.

16. What other sizes of **soft drinks** are available to students in your **school/student store or snack bars/carts**?

__________________________________________ ounces  □ None
SCHOOL/STUDENT STORE and/or SNACK BARS/CARTS—Food

If your school does not have any school/student store or snack bars/carts selling food to students, please check here and go the top of page 6.

17. Please indicate whether the following food items are available to students from any school/student stores or snack bars/carts in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

<table>
<thead>
<tr>
<th>Item available from store/snack bar/cart?</th>
<th>Before classes begin in the morning</th>
<th>During school hours when meals are not being served</th>
<th>During school lunch periods</th>
<th>After school</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>Yes</td>
<td>H1217</td>
<td>H1218</td>
<td>H1219</td>
</tr>
<tr>
<td>a. Candy</td>
<td></td>
<td>H1222</td>
<td>H1223</td>
<td>H1224</td>
</tr>
<tr>
<td>b. Salty snacks that are not low in fat, such as regular potato chips</td>
<td></td>
<td>H1227</td>
<td>H1228</td>
<td>H1229</td>
</tr>
<tr>
<td>c. Cookies, crackers, cakes, or other baked goods that are not low in fat</td>
<td></td>
<td>H1232</td>
<td>H1233</td>
<td>H1234</td>
</tr>
<tr>
<td>d. Ice cream or frozen yogurt that is not low in fat</td>
<td></td>
<td>H1237</td>
<td>H1238</td>
<td>H1239</td>
</tr>
<tr>
<td>e. Low-fat salty snacks, such as pretzels, baked chips, or other low-fat chips</td>
<td></td>
<td>H1242</td>
<td>H1243</td>
<td>H1244</td>
</tr>
<tr>
<td>f. Low-fat cookies, crackers, cakes, pastries, other low-fat baked goods</td>
<td></td>
<td>H1247</td>
<td>H1248</td>
<td>H1249</td>
</tr>
<tr>
<td>g. Low-fat or fat-free ice cream, frozen yogurt, sherbet, or low-fat or non-fat yogurt</td>
<td></td>
<td>H1252</td>
<td>H1253</td>
<td>H1254</td>
</tr>
<tr>
<td>h. Sandwiches</td>
<td></td>
<td>H1262</td>
<td>H1263</td>
<td>H1264</td>
</tr>
<tr>
<td>i. Bread sticks, rolls, bagels, pita bread, or other bread products</td>
<td></td>
<td>H1267</td>
<td>H1268</td>
<td>H1269</td>
</tr>
<tr>
<td>j. Deep-fried fries (including fries that are just reheated)</td>
<td></td>
<td>H1272</td>
<td>H1273</td>
<td>H1274</td>
</tr>
<tr>
<td>k. Fresh fruit</td>
<td></td>
<td>H1277</td>
<td>H1278</td>
<td>H1279</td>
</tr>
<tr>
<td>l. Other fruit (such as dried or canned fruit)</td>
<td></td>
<td>H1282</td>
<td>H1283</td>
<td>H1284</td>
</tr>
<tr>
<td>m. Vegetables (such as carrot sticks or celery sticks)</td>
<td></td>
<td>H1287</td>
<td>H1288</td>
<td>H1289</td>
</tr>
<tr>
<td>n. Pre-made, main course salads (such as chef’s salad)</td>
<td></td>
<td>H1292</td>
<td>H1293</td>
<td>H1294</td>
</tr>
</tbody>
</table>
18. Please indicate how often the following beverages are available to students as part of your school lunch meal (not à la carte) in your school.

(PLEASE CHECK ONE BOX ON EACH LINE.)

<table>
<thead>
<tr>
<th>Beverage</th>
<th>Never</th>
<th>Some Days</th>
<th>Most or Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Bottled water</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit2O)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. 100% fruit or vegetable juice with no added sweeteners</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Sports drinks (such as Gatorade or Powerade)</td>
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<td></td>
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<td>g. “Light” juices (such as Minute Maid Light Orange Juice)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Whole or 2% milk, or flavored milk</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

19. What is the most common serving size of the soft drinks available to students in your school lunch meal?

__________ ounces □ No soft drinks available → Go to top of next page.

20. What other sizes of soft drinks are available to students in your school lunch meal?

__________________________________________________________________________ ounces □ None
21. Please indicate how often the following **food items** are available to students as part of your **school lunch meal** (not à la carte) in your school.

(PLEASE CHECK ONE BOX ON EACH LINE.)

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>Candy</td>
<td></td>
</tr>
<tr>
<td>b.</td>
<td>Salty snacks that are <em>not low in fat</em>, such as regular potato chips</td>
<td></td>
</tr>
<tr>
<td>c.</td>
<td>Cookies, crackers, cakes, or other baked goods that are <em>not low in fat</em></td>
<td></td>
</tr>
<tr>
<td>d.</td>
<td>Ice cream or frozen yogurt that is <em>not low in fat</em></td>
<td></td>
</tr>
<tr>
<td>e.</td>
<td><em>Low-fat</em> salty snacks, such as pretzels, baked chips, or other <em>low-fat</em> chips</td>
<td></td>
</tr>
<tr>
<td>f.</td>
<td><em>Low-fat</em> cookies, crackers, cakes, pastries, other <em>low-fat</em> baked goods</td>
<td></td>
</tr>
<tr>
<td>g.</td>
<td><em>Low-fat</em> or <em>fat-free</em> ice cream, frozen yogurt, sherbet, or <em>low-fat</em> or <em>non-fat</em> yogurt</td>
<td></td>
</tr>
<tr>
<td>h.</td>
<td>Sandwiches</td>
<td></td>
</tr>
<tr>
<td>i.</td>
<td>Bread sticks, rolls, bagels, pita bread, or other bread products</td>
<td></td>
</tr>
<tr>
<td>j.</td>
<td>Deep-fried fries (including fries that are just reheated)</td>
<td></td>
</tr>
<tr>
<td>k.</td>
<td>Fresh fruit</td>
<td></td>
</tr>
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<td>l.</td>
<td>Other fruit (such as dried or canned fruit)</td>
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</tr>
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<td>m.</td>
<td>Vegetables (excluding potatoes)</td>
<td></td>
</tr>
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<td>n.</td>
<td>Two or more different entrees or main courses</td>
<td></td>
</tr>
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<td>o.</td>
<td>Pizza</td>
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<td>p.</td>
<td>Whole grains (such as wheat bread or brown rice)</td>
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<td>q.</td>
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<td></td>
</tr>
<tr>
<td>r.</td>
<td>Salad bar</td>
<td></td>
</tr>
</tbody>
</table>
À LA CARTE—Beverages

À la carte items are any foods or beverages which are available for purchase separately from the school lunch meal.

If your school does not offer à la carte beverages at lunch to students, please check here [ ] and go to the top of page 9.

22. Please indicate how often the following beverages are available to students in your school à la carte at lunch.

(PLEASE CHECK ONE BOX ON EACH LINE.)

<table>
<thead>
<tr>
<th>Beverage Description</th>
<th>Never</th>
<th>Some Days</th>
<th>Most or Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Bottled water</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit O)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>e. 100% fruit or vegetable juice with no added sweeteners</td>
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<tr>
<td>f. Sports drinks (such as Gatorade or Powerade)</td>
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<tr>
<td>g. “Light” juices (such as Minute Maid Light Orange Juice)</td>
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<tr>
<td>h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Whole or 2% milk, or flavored milk</td>
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<td></td>
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</tr>
</tbody>
</table>

23. What is the most common serving size of the soft drinks available to students à la carte?

___________ ounces     □ No soft drinks available  → Go to top of next page.

24. What other sizes of soft drinks are available to students à la carte?

________________________________________________________________________ounces  □ None
25. Please indicate how often the following food items are available to students in your school à la carte at lunch.

(PLEASE CHECK ONE BOX ON EACH LINE.)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Never</th>
<th>Some Days</th>
<th>Most or Every Day</th>
</tr>
</thead>
<tbody>
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<td>a.</td>
<td>Candy</td>
<td></td>
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<tr>
<td>b.</td>
<td>Salty snacks that are <em>not low in fat</em>, such as regular potato chips</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>c.</td>
<td>Cookies, crackers, cakes, or other baked goods that are <em>not low in fat</em></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>d.</td>
<td>Ice cream or frozen yogurt that is <em>not low in fat</em></td>
<td></td>
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</table>

26. Please write in the title or role, *not the name*, of the person(s) who completed this segment of the questionnaire on food and nutrition:
Thank you very much for your assistance!